



ConnectIn

TouchBase will be creating a safe space for refugees at Plot 22, an allotment space in Hove, whereby we will journey alongside ensuring all feel safe, seen and soothed. We will be modelling respect and compassion in all our interactions so that dignity can be communicated.

We recognise that many refugees will be traumatised and, by utilising the orient-move-ground framework in all our sessions, we will facilitate the possibility of recovery.

We are keen to build a support base at Plot 22 and are in a position to provide wrap around care and support, due to our existing support services that we offer within education, therapy and the community, together with trusted partners in education, social services and the wider community. We are well respected in Brighton & Hove as a trauma recovery provision. Our two main commissioners being the Virtual School and Social Services.

We will advocate for our friends as and when necessary, and will link them into other support provisions when appropriate to do so.

We will be keen to source familiar foods and cultural experiences during our project.



TouchBase have signed up to the Sanctuary Foundation and therefore we pledge to:

- **Protect refugees from harm** by all our team having enhanced DBS status, having received foundational training in supporting refugees and easy access to our Designated Safeguarding Lead.
- **Provide a safe space for refugees** at Plot 22 by protecting a regular slot for us at the same time, every week during term time for a 6-8 week project whereby the group is closed once it has started.
- **Promote the wellbeing of refugees** through facilitating recovery by using the framework of orient-move-ground every session we are together.

The Practicalities:

We are especially interested in running two separate project groups for a) those aged 16-25 and b) those parenting babies or school aged children. Please note we do not have capacity for supporting toddlers on the plot at this time.

Our friends will be invited to meet us at the main gates of The Weald Allotments off Weald Avenue..

The project will include snacks, drinks and a vegetarian meal that we will cook up together.

There will be three expectations during our time together to ensure everyone feels safe at the project : No hurts, Stick together and have fun!

There is a referral form that needs to be completed to express interest:

<https://forms.office.com/r/29QdPBCALq>

Successful applicants will have their place confirmed by our admin team, if you have any queries please do get in touch: info@touchbase.org.uk

We do hope you will either recommend this project to those that you think might benefit, come yourself or support us by providing some of the resources we might need for example foods, art materials and keep sake books.

Thanking you, in anticipation,

Louise Michelle Bomber – Founding Director of TouchBase. September 2022.