



Conversations with Alice Mallorie - *This is an opportunity for adoptive parents to come together to discuss important topics with adoptive parent and specialist psychotherapist Alice Mallorie. Bring your questions, reflections and experience.*

## The details:

**When:** Alice will be offering sessions on Zoom for groups of 10 adoptive parents on Mondays each week between 11am and 12pm. These will start on Monday 21<sup>st</sup> September 2020.

**How do I sign up:** Details are on our website [touchbase.org.uk](https://touchbase.org.uk) and on <https://www.eventbrite.co.uk>

**What topics will Alice be covering:** Every week she will be covering a different topic ranging from difficulties with sleep, life story books, loss and grief, how to talk to teachers and many more.

**Who is Alice Mallorie:** Full details of Alice's biography can be found on the TouchBase website <https://touchbase.org.uk/meet-the-team/alice-mallorie-2/>.

Alice specialises in the many aspects of fostering and adoption support required for both children and adolescents and their parents/carers including Dyadic Developmental Psychotherapy (DDP) a unique form of attachment-focused therapy based on the principles of PACE (Playfulness, Acceptance, Curiosity and Empathy), pioneered by Daniel Hughes. She is also a Therapeutic Attachment Lead Specialist having completed training with Louise Michelle Bombèr.

Alice specialises in working with children and adolescents with developmental and relational trauma, as well as grief and loss, working from an integrative model, based on attachment theory. Alice developed and runs the 'Flying Free' course here at TouchBase CIC, specifically designed to support the parents and carers of troubled adolescents. Alice's is an adoptive parent and was previously a trained Adoption UK 'Buddy', which gives her insight and a passion to make a difference for those who parent and care for children and adolescents with developmental trauma.

