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## DDP Training for Educators from TouchBase

### Dyadic Developmental Psychotherapy (DDP) Level 1

This is an introductory 4-day training on Dyadic Developmental Psychotherapy, an intervention model for families with a child who has trauma-attachment problems, developed by Dan Hughes, Clinical Psychologist, USA. In this training, theory and research in the areas of developmental trauma, child development and attachment theory are integrated to produce a therapeutic approach and parenting model used for relationship development and trauma resolution. DDP recognises the vital role which adoptive parents, foster carers and the support systems around them play as attachment figures in the recovery of traumatised, attachment-resistant children. This level 1 will be thinking about applying these principles in education settings and so will have applicable case examples.

### Objectives

By the end of this course participants will understand:

- The impact of secure developmental attachment on neurological, affective, cognitive and behavioural development
- How developmental trauma (abuse and neglect) creates insecure and disorganised attachment patterns which impede normal development
- Principles of psychotherapy with children and young people that facilitate the development of attachment security and recovery from developmental trauma
- Specific strategies within education that facilitate attachment security and support caregivers in helping children recover from the impact of developmental trauma

### Accreditation:

This training meets the Dyadic Developmental Psychotherapy (DDP) Institute requirements to begin the process of becoming accredited as a Practitioner or Associate Practitioner in DDP.

A minimum of 56 hours training is required led by a Certified DDP Trainer prior to beginning the accreditation process. Level 1 provides 28 of these hours.

Courses for individuals- <https://touchbase.org.uk/product/ddplevel1/>