

DDP Training for Educators from TouchBase

DDP PACE training for Educators

The training is an introduction to PACE & focuses on helping education professionals to develop an attitude of PACE, as part of their practice. It covers the following elements:

- Why children who have experienced developmental trauma, behave in the ways they do.
- The impact of developmental trauma that leads to children needing a different teaching approach, involving PACE alongside behavioural support. This includes the impact of relational trauma on brain development.
- Exploring each part of PACE in turn - Playfulness, Acceptance, Curiosity and Empathy. Looking at what each one is (and what it is not) and developing PACE as a way of being able to build relationship security, rather than as a technique to modify behaviour.
- Exploring the caring capacities education staff need to help traumatised children to thrive & settle to learn - reflective capacity, mind-mindedness, good self-regulation abilities & ability to notice defensive responding and to move back into open and engaged states.
- How to use this connection alongside behavioural support & deliver discipline with empathy.
- The importance of self-care for professionals and understanding the concept of blocked care.

Courses for individuals - <https://touchbase.org.uk/product/ddppace/>