

Brighton and Hove Virtual School for Children in Care, Children Previously in Care and Children with a Social worker



Education Workshops for Foster Carers of Children in Care¹

Education can be a big ask for children and young people who have experienced a difficult or unsettled start in life, and it is not always easy knowing how best to help them. Come along to develop your knowledge and understanding, meet other foster carers and gain new tools and strategies to help support the child/teenager you care for to make the most of their education opportunities at nursery, school or post 16 provision.

The **Virtual School** has funded **TouchBase** to run the following workshops. They will be facilitated by Michael Reeves, an Integrative Child Psychotherapist and Specialist Teacher on both the TouchBase therapy and education teams.

29th November 2023 **Settling to Learn** We will focus on how we can help children and young people settle down to learn, particularly at times of change - how we can encourage and support them with practical strategies.

13th March 2024 **Control Battles** We will think through how, together with education staff, we can support children to let go of their need for control and follow our lead.

12th June 2024 **Staying Calm** Together, let's think about how we can help children and young people to learn to manage their emotions and find ways of staying calm, so they can make the most of nursery, school and college life.

All Workshops are free to attend and are on **Wednesdays 10am til 11.30am** and will be held at **TouchBase 41-43 Portland Road, Hove, BN3 5DQ. To book a workshop place please see below.**

Education Clinics for Foster Carers of Children in Care¹ & Education Staff

The **Virtual School** has funded **TouchBase** to run the Clinics for foster carers to attend on their own/as a couple and we encourage you to invite **a key member of staff** from the nursery, school or post 16 provision to attend with you.

Clinics offer an informal session with **Alice Mallorie**, a Strategic Therapeutic Attachment Lead & Psychotherapist. This is a chance together to explore strategies and discuss helpful tips to support the education of children/young people in care (it isn't a formal consultation or therapeutic intervention).

The Clinics are **free to attend** on **Mondays** and are **online**:

20th November 2023	x 3 available sessions - 11am, 12 midday and 1pm
4th March 2024	x 3 available sessions - 11am, 12 midday and 1pm
17th June 2024	x 3 available sessions - 11am, 12 midday and 1pm

✓ **BOOKINGS:** To **BOOK** a workshop or clinic place please use this [LINK](#) or email info@touchbase.org.uk stating your name and that you are the ¹ **foster carer of a child in the care of Brighton and Hove local authority.**

