



### **Education Workshops for Kinship Carers of Children Previously in Care<sup>1</sup>**

Education can be a big ask for children and young people who have experienced a difficult or unsettled start in life, and it is not always easy knowing how best to help. Our workshops cover topics on support through their educational journey in nursery, school or post 16 provision. Come along to develop your knowledge and understanding, meet other carers and gain new tools and strategies to help the child/teenager you are caring for to make the most of their education.

The **Virtual School** has funded these workshops which are delivered by **TouchBase** and we are working in partnership with the Kinship Care Team. They will be facilitated by Michael Reeves, an Integrative Child Psychotherapist and Specialist Teacher on both the TouchBase therapy and education teams.

**15<sup>th</sup> November 2023 - Settling to Learn** We will focus on how we can help children and young people settle down to learn, particularly at times of change - how we can encourage and support them with practical strategies.

**24<sup>th</sup> January 2024 - Control battles** We will think through how, together with education staff, we can support children to let go of their need for control and follow our lead.

**24<sup>th</sup> April 2024 - Staying calm** Together, let's think about how we can help children and young people to learn to manage their emotions and find ways of staying calm, so they can make the most of nursery, school and college life.

All Workshops are free to attend and are on **Wednesdays** from **10am til 11.30pm** and will be at **TouchBase 41-43 Portland Road, Hove, BN3 5DQ**. **To book a workshop place see below.**

### **Education Clinics for Kinship Carers of Children Previously in Care<sup>1</sup> & Education Staff**

The **Virtual School** has funded **TouchBase** to run the Clinics that carers can attend on their own/as a couple and we encourage carers to invite **a key member of staff** from nursery, school or college to attend with you. The Clinics are free to attend.

Clinics offer an informal session with Alice Mallorie, a Strategic Therapeutic Attachment Lead & Psychotherapist. This is a chance together to explore strategies and discuss helpful tips to support the education of children/young people previously in care (it isn't a formal consultation or therapeutic intervention).

The Clinics are free to attend on **Mondays** and are **online**:

<b>20<sup>th</sup> November 2023</b>	x 3 available sessions – 11am, 12 midday and 1pm
<b>4<sup>th</sup> March 2024</b>	x 3 available sessions - 11am, 12 midday and 1pm
<b>17<sup>th</sup> June 2024</b>	x 3 available sessions - 11am, 12 midday and 1pm

✓ **BOOKINGS: To book workshops and clinics** please use this [LINK](#) or **email:** [KinshipCareAdmin@brighton-hove.gov.uk](mailto:KinshipCareAdmin@brighton-hove.gov.uk) or [info@touchbase.org.uk](mailto:info@touchbase.org.uk) stating your name and that you are a carer of a <sup>1</sup> **child who is educated in Brighton and Hove and left care through the Special Guardianship or Child Arrangement/Residence order that you hold.**