

Brighton and Hove Virtual School for Children in Care, Children Previously in Care and Children with a Social Worker



Education Workshops for Parents of Children & Young People Adopted from Care¹

Education can be a big ask for children and young people who have experienced a difficult or unsettled start in life, and it is not always easy knowing how best to help them. Come along to our workshops to develop your knowledge and understanding, meet other parents and gain new tools and strategies to help your child/teenager make the most of their education opportunities at nursery, school or post 16 provision.

The **Virtual School** has funded **TouchBase** to run the following workshops which are free to attend. They will be facilitated by Michael Reeves, an Integrative Child Psychotherapist and Specialist Teacher on both the TouchBase therapy and education teams.

11th October 2023 Settling to Learn We will focus on how we can help children and young people settle down to learn, particularly at times of change - how we can encourage and support them with practical strategies.

7th February 2024 Control battles We will think through how, together with education staff, we can support children to let go of their need for control and follow our lead.

8th May 2024 Staying calm Together, let's think about how we can help children and young people to learn to manage their emotions and find ways of staying calm, so they can make the most of nursery, school and college life.

All Workshops are **free to attend** and are on **Wednesdays** from **10am til 11.30pm** and will be at **TouchBase 41-43 Portland Road, Hove, BN3 5DQ**. **To book a workshop place see below.**

Education Clinics for Parents of Children & Young People Adopted from Care¹ & Education Staff

The **Virtual School** has funded **TouchBase** to run the Clinics that parents can attend on their own/as a couple and we encourage parents to invite **a key member of staff** from nursery, school or post 16 provision to attend with you.

Clinics offer an informal session with Alice Mallorie, a Therapeutic Attachment Lead Specialist. This is a chance together to explore strategies and discuss helpful tips to support the education of children/young people previously in care (it isn't a formal consultation or therapeutic intervention) whether they are in nursery, school or post 16 provision.

The Clinics are **free to attend**, are on **Mondays** and **online**:

20th November 2023 x 3 available sessions – 11am, 12 midday and 1pm

4th March 2024 x 3 available sessions - 11am, 12 midday and 1pm

17th June 2024 x 3 available sessions - 11am, 12 midday and 1pm

✓ **BOOKINGS:** To **BOOK** a workshop or clinic please use this [LINK](#) or email info@touchbase.org.uk stating your name and that you are the parent of a child/young person adopted from care who is ¹ **educated in Brighton and Hove**.