

THE CHILD MAY NOT REMEMBER, BUT THE BODY REMEMBERS.

TouchBase is so pleased to announce that tickets are now on sale for
the Brighton screening of the 1 hour documentary

Resilience - The Science of Hope

at 7pm on May 1st at St Peters Church Centre, followed by a Q&A
Panel.

The film delves into the science of Adverse Childhood Experiences (ACEs) and
the birth of a new movement to treat and prevent Toxic Stress.

Now understood to be one of the leading causes of everything from heart
disease and cancer to substance abuse and depression,
extremely stressful experiences in childhood can alter brain development and
have lifelong effects on health and behaviour.

However, as experts and practitioners profiled in RESILIENCE are proving,
what's predictable is preventable...

Tickets and further information via this link:

<https://www.eventbrite.co.uk/e/resilience-in-brighton-tickets-58432803087> or bit.ly/resiliencebrighton

(Apologies that the price is £6.88 and not the £6 as previously stated, this is due to the eventbrite fee for administering the tickets.)

Anyone is welcome, so please do invite others & publicise where you can,

especially to any other education, health, social services, youth, charity or police agency contacts

- the whole community needs to know about this important research.

[Resilience in Brighton](#)

www.eventbrite.co.uk

Resilience is a one-hour documentary that delves into the science around the impact of Adverse Childhood Experiences (ACEs) and how they can affect minds and bodies; and have a long-term impact on physical health and well being without support. Based on breakthrough science, it offers ground-breaking insight and hope on how to support those impacted by toxic stress and greatly improve the health of future generations. A panel of experts will be available to support us process the film with a shared discussion around attachment, trauma and resilience. Open to all who want to make a difference in their current roles and responsibilities at home and in the work place. Beverages and light snacks will provided. THE CHAIR Andrea Perry: Integrative Psychotherapist, consultant, author and publisher specialising in trauma and attachment and a psychosocial practitioner within the British Red Cross. THE PANEL Jamie Carter: Consultant Paediatrician working in safeguarding and neuro-developmental paediatrics ac
