



RESPECTING BIOLOGY

The Neurodevelopmental approach to supporting children in school

Together we will explore the impact that of adverse childhood experiences upon the body & the mind so that we can consider the regulation needs of these pupils in school. We will reflect upon one of the biggest asks for traumatised children - 'felt safety'. We will consider the Polyvagal Theory and how significant it is for understanding how children will function best in school. We will discover how we can all support 'felt safety', increasing their window of stress tolerance by sensitive, attuned and responsive care. There will be opportunities to experiment together first using different types of sensory interventions. We will reflect on the importance of respecting biology so that all have the opportunity to function well in the school context. Until we do this many pupils will be at risk of being misunderstood, isolated, secluded and excluded from the very place that could offer them opportunities for growth. Let's respect all our pupils have lived and honour what minds and bodies need in order to thrive. Let's be trauma responsive in our schools. We can all make a difference and support children and young people into recovery and being in a position to be able to settle to learn.

Friday, 22nd January, 2021

At: Jigsaw OT, Unit B, Kendal House, Victoria Way, Burgess Hill, West Sussex RH15 9NF

9am Registration and Coffee - 9.30am - 3.30pm

Tickets: £125 per person, including lunch and handouts

Available at Eventbrite: <https://respecting-biology-22jan2021.eventbrite.co.uk>

About the tutor:

Louise Michelle Bombèr is qualified as both a specialist teacher, a therapist and a DDP certified practitioner. She has worked with individual pupils, classes, whole school settings, local authorities, teachers and support staff across both the primary and secondary phases. She is the author of the very popular book 'Inside I'm Hurting', now translated into French and Italian. She also wrote 'What About Me?'. Louise contributed to the book 'Teenagers & Attachment'. She has co-authored 'Settling Troubled Pupils to Learn: Why Relationships Matter in School' together with Dan Hughes. Louise contributed to a specialist family law book 'Capacity to Change' outlining what needs to be considered for traumatized children and their lives in school. More recently Louise has written the 'Attachment Aware Schools Series – Bridging the gap for troubled pupils' to support schools to create effective small teams around pupils – Team Pupil.