



## Trauma Responsive Education

*Updating policy and practice in the educational context.*

*Presented by Louise Michelle Bombèr*

### **Who is the training for?**

Headteachers, Senior Managers, SENDCos, Inclusion Managers and School Governors who are committed to policy change. This course is not for the faint hearted. We need brave leaders who will make their stand in this inclusive revolution.

### **How long is the training?**

The training is 7 days, taking place over the course of an academic year, with roughly one day each half term.

### **What will we cover?**

We will use Louise Michelle Bombèr's most recent book **Know Me to Teach Me**, integrating the work of Dr Bruce Perry, Dr Stephen Porges, Dr Dan Hughes and Dr Gabor Maté and translating it into everyday life. This seven-day training will offer Senior Managers and policy-makers the opportunity to deeply consider current educational practices in light of what we now know about Adverse Childhood Experiences and other relational traumas, including the impact of COVID-19 upon the mental health and well-being of children and young people. The course will challenge current approaches which still focus on withdrawing relationship when the going gets tough, instead of offering rich, relational practice. The soaring exclusion rates and distress witnessed in recent years evidence that there is much that needs to change within our education system here in the UK. Now is the time to update our policies and practices, asking ourselves what has happened to our children in order for them to do what they do, and proactively intervening in order to meet the needs of ALL children, no matter what they have lived. Our learning journey will be compassion-focused.

### **The training will cover:**

- The significance of establishing safety.
- The theory and practice of attunement.
- Respecting biology through the use of the polyvagal theory.
- Exploring the work of Dr Bruce Perry including the neurosequential model of support.
- An introduction to DDP (Dyadic Developmental Psychotherapy) informed practice.
- Stage- and state-dependent differentiated teaching and discipline.
- The creation of an Attachment Aware and Trauma Responsive school relational policy

This course is open to both individual practitioners to attend a central hub or to individual schools, local authorities, virtual school teams or other organisations wishing to run the course within their own localities, under their professional body.

## Delivered by Louise Michelle Bombèr

Louise Michelle Bombèr is qualified as both a specialist teacher, a therapist and a DDP certified practitioner. She is the Clinical Lead and the Director of TouchBase Centre CiC in Brighton. The aims of TouchBase are to support those who have experienced adverse childhood experiences to function well at home, in their schools and out in community. Louise and her team offer a range of support services for children and young adults (5 to 25) who have experienced significant relational traumas and losses to move towards learned security and recovery. They also support family, friends and professionals around these children.



Louise has a wealth of lived experience as both an adoptive parent and as a professional. As well as having written many articles, she is the author of the very popular book 'Inside I'm Hurting', now translated into French and Italian. She also wrote 'What About Me?'. Louise contributed to the book 'Teenagers & Attachment'. She has co-authored 'Settling Troubled Pupils to Learn: Why Relationships Matter in School' together with Dan Hughes. Louise contributed to a specialist family law book 'Capacity to Change' outlining what needs to be considered for traumatized children and their lives in school. More recently Louise has written the 'Attachment Aware Schools Series – Bridging the gap for troubled pupils' to support schools to create effective small teams around pupils – Team Pupil. Her most recent book is 'Know Me to Teach Me'. A book that advocates for differentiated discipline in schools using the latest findings in child development and neuroscience.

[www.touchbase.org.uk](http://www.touchbase.org.uk)

### Virtual course for individuals-

Day 1- 13/09/2024

Day 2- 11/10/2024

Day 3- 08/11/2024

Day 4- 06/12/2024

Day 5- 10/01/2025

Day 6- 07/02/2025

Day 7- 07/03/2025

Delivered via Zoom

9am registration, 9.15am-3.30pm.

Cost: £1175 per person

Deposit £600 to secure your place, balance to be paid 20 days before the start of the course.

A word from Louise,

'This course is for those who have been given the authority by their school or authority to write a school policy. We will write a policy together over the year using a template I have created embedding DDP informed principles and practices.

On day 7 you will be asked to briefly present the policy you have written and you will give it in for assessment. Your school or authority will be listed on our website as AATR...attachment aware and trauma responsive.

It is expected that those attending the course consider signing up for a 1 day PACE training, before the course and DDP level 1 too (during or after the course at some point).'

To register interest for this course, please contact our training coordinator: [hannah@touchbase.org.uk](mailto:hannah@touchbase.org.uk)